

## SUNDAY

### 3:00pm 3 Minutes for Meditation(1.5)

1212 Corp., 2700 N. Washington St., Wilmington 19802

**O, SP, DISC, ST, HF, M, SD, TC**

### 6:00pm Clean but Not Straight (1.5)

Unity Church 2101 Lancaster Ave., Wilmington 19805

**O, IN**

### 7:00pm Sunday Night Recovery/Spiritual Connections

St. James Church, 2 S. Augustine St., Wilmington 19804

**O, VAR, M, SD**

### 7:00pm Down Home Group (1.25)

Church on Main 44 W. Main St., Middletown 19709

**O, SP, M**

### 7:00pm This is HOW (1)

Mt. Lebanon Church, 850 Mt. Lebanon Rd., Wilmington

19803 **C, ST**

### 7:00pm We Want To Live (1.5)

1212 Corp., 2700 N. Washington St., Wilmington 19802

### 7:30pm First State Survivors(1.5)

Holy Rosary Church, 3200 Philadelphia Pk, Claymont 19703

**O, VAR, HF, M, SD, HS, MP**

#### *Sundays on Zoom*

### 10:00am Living the Steps (1)

Meeting ID: 713 821 277 Password: recovery

## MONDAY

### 7:30am Recovery in the AM (1.5)

Grace United Methodist Church, 900 N. Washington St.,

Wilmington 19801 **O, VAR, HF, SD, HS**

### 9:30am Doors Always Open to Recovery (1.5)

William Hicks Community Ctr., Room 212 (on lower level)

501 N. Madison St., Wilmington 19801

**O, HF, VAR, JFT, BT, TD, SP, M, MP, HS, TC, SD**

### 11:30am By NA Means Necessary (1.5)

1212 Corp., 2700 N. Washington St., Wilmington 19802

**O, ST, HF, IN, M, SD**

### 5:30pm Get It Off Your Chest (1.5)

1212 Corp, 2700 N. Washington St., Wilmington 19802

**O, T, M, SD**

### 7:00pm Miracles Happen (1)

6 N. Clifton Ave, Elsmere, 19805

**O, T, DISC, M** (No mask necessary if vaccinated)

### 7:00pm Monday Night Recovery (1)

Ebenezer Church, 525 Polly Drummond Hill Rd., Newark

19711 **O, SP, VAR, M, IN**

### 7:30pm Simplicity Group (1)

Mt. Salem Church, 2629 W.19th St., Wilmington 19806

(Enter by Rockford Park)

**O, DISC, HF, IN, M, SD**

### 7:30pm Turn It Over (1.5)

St. Patrick's Church, 1414 N. King St., Wilmington 19801

**O, M** (No Mask Necessary if Vaccinated)

### 7:30pm Weekend Survivors (1.25)

Cornerstone Church, 3135 Summit Bridge Rd., Bear 19701

**O, VAR, ST, DISC, HF, IN, M**

### 9:00pm Addicted to Hope (1)

One in Christ Community Church, 2145 Graves Rd.,

Hockessin 19707 **CAN, VAR, HF, M, HS**

## TUESDAY

### 7:30am Recovery in the AM (1.5)

Grace United Methodist Church, 900 N. Washington St.,

Wilmington 19801 **O, VAR, HF, SD, HS**

### 11:30am By NA Means Necessary (1.5)

1212 Corp., 2700 N. Washington St., Wilmington 19802

**O, VAR, IN, M, SD**

### 5:30pm Last Chance for Recovery (1.5)

Muslim Community Center, 2102 Northeast Blvd., Wilmington

19802 **JFT, BT, ST, TD, M, SD, TC, MP**

### 6:00pm The Journey Continues (1.25)

Red Lion United Methodist Church, 1545 Church Rd., Bear,

19701 **O, DISC, T, HF, M**

### 6:30pm Together We Can (1.5)

Rose Hill Community Ctr., 19 Lambson Lane, New Castle

19720 (Meets in cafeteria) **O, LIT, SP**

### 7:00pm G.O.D. Group (1)

Limestone Presbyterian Church, 3201 Limestone Rd.,

Wilmington 19808 **ST, SP**

### 7:00pm Step by Step (1)

St. Matthew's Rectory 1013 E. Newport Pike, Wilmington

19804 **O, ST, DISC, M**

## WEDNESDAY

### 7:30am Recovery in the AM (1.5)

Grace United Methodist Church, 900 N. Washington St.,

Wilmington 19801 **O, VAR, HF, SD, HS**

### 9:30am Doors Always Open to Recovery (1.5)

William Hicks Community Ctr., Room 212 (on lower level)

501 N. Madison St., Wilmington 19801

**O, HF, VAR, JFT, BT, TD, SP, M, MP, HS, TC, SD**

### 11:30am By NA Means Necessary (1.5)

1212 Corp., 2700 N. Washington St., Wilmington 19802

**O, ST, HF, IN, M, SD**

### 5:30pm Basic Text Group (1)

First and Central Presbyterian Church, 1101 N. Market St.,

Wilmington 19801 **O, Mask Optional**

### 7:00pm Time to Live Again (1)

St. James Church, 2 S. Augustine St., Wilmington 19804

**O, ST, SP, M, IN**

### 7:30pm This is HOW (1)

Mt. Lebanon Church, 850 Mt. Lebanon Rd., Wilmington

19803 **O, M, SD**

### 9:00pm Hump Day Hope (1)

New Castle United Methodist Church, 510 Delaware St.,

New Castle 19720 **O, VAR, HF**

## THURSDAY

### 7:30am Recovery in the AM (1.5)

Grace United Methodist Church, 900 N. Washington St.,

Wilmington 19801 **O, VAR, HF, SD, HS**

### 11:30am By NA Means Necessary (1.5)

1212 Corp., 2700 N. Washington St., Wilmington 19802

**O, VAR, IN, M, SD**

### 6:00pm Each One Teach One (1.5)

**\*HYBRID, Zoom link below\***

Connection Community Church, 4744 Summit Bridge Rd.,

Middletown, DE 19709 **O, VAR, HF, IN, M**

### 6:30pm Star Group (1)

Mt. Salem Church, 2629 W. 19th Street, Wilmington 19806

**O, DISC, HF, M, SD**

### 7:00pm Meditation & Steps (1.5)

Ebenezer Church, 525 Polly Drummond Hill Rd., Newark

19711 **O, MED, ST, TD, HF, M, SD**

#### *Thursdays on Zoom*

**Password to all virtual meetings: recovery**

### 6:00pm Each One Teach One (1.5) \*HYBRID\*

Meeting ID: 266 856 504

### 8:00pm Women's Meeting (1.25)

Meeting ID: 781 516 115

## FRIDAY

### 7:30am Recovery in the AM (1.5)

Grace United Methodist Church, 900 N. Washington St.,

Wilmington 19801 **O, VAR, HF**

### 9:30am Doors Always Open to Recovery (1.5)

William Hicks Community Ctr., Room 212 (on lower level)

501 N. Madison St., Wilmington 19801

**O, HF, VAR, JFT, BT, TD, SP, M, MP, HS, TC, SD**

### 11:30am By NA Means Necessary (1.5)

1212 Corp., 2700 N. Washington St., Wilmington 19802

**O, ST, VAR, IN, M, SD, O, BEG, SP, VAR, HF**

### 7:00pm Recovery on the Westside (1.5)

Mt. Salem Church, 2629 W.19th St., Wilmington 19806

**O, SP, M, IN**

### 7:30pm Attitudes in Action (1.5)

St. Patrick's Church, 1414 N. King St., Wilmington 19801

### 7:30pm Hope for Healing (1)

Cornerstone Church, 3135 Summit Bridge Rd., Bear 19701

(Meeting is in Sanctuary)

**DISC, LIT, VAR**

### 9:00pm Be at Your Best (1.25)

St. James Episcopal Church, 2 S. Augustine St., Wilmington

19804 **O, CAN, IN, M, SD**

## SATURDAY

### 12:30pm New Way of Life (1.5)

6 N. Clifton Ave., Elsmere, 19805

O, BT, LC, LIT, IW, JFT, SP, ST, T, TD

### 2:00pm Just for Today (1.5)

1212 Corp., 2700 N. Washington St., Wilmington 19802

O, D, M, TC

### 5:30pm Get It Off Your Chest (1.5)

1212 Corp., 2700 N. Washington St., Wilmington 19802

O, T, M, SD

### 7:00pm Clean Dreams (1)

Ebenezer Church, 525 Polly Drummond Hill Rd., Newark

19711 O, STEP, TRAD, M, IN

### 10:00pm Saturday Night Live (1.25)

Ebenezer Church, 525 Polly Drummond Hill Rd., Newark

19711 O, SP, HF, M, SD

## ABBREVIATIONS

**Mtg Attendance:** O Open to anyone C Closed meeting for addicts only or those who think they may a problem with drugs  
HF Handicap Friendly NC No Children CW Children are Welcome NP No Pets WOMEN Women's meeting

**Mtg Format:** BEG-Beginner/Newcomer BT-Basic Text  
CAN-Candlelight DISC-Discussion LC-Living Clean Book  
LIT- NA Literature IP-Info Pamphlet IW-It Works JFT-Just For Today  
MED-Meditation RR-Round Robin SP-Speaker ST-Step T-Topic TD-Tradition VAR- Format Varies

**Precautions:** M- Must wear a mask MP- Masks provided  
HS- Hand sanitizer provided TC- Temperature Check  
SD-Socially Distanced CH- Bring a chair NR- No restroom  
OUT- Outdoors IN- Indoors

**Mtg Length:** (1) 1 hr (1.25) 1 hr, 15 mins (1.5) 1½ hrs

## WELCOME!

Please pick up the phone before picking up that first drug!



## 6 BASIC WAYS TO STAY CLEAN

1. Don't pick up that first drug.
2. Stay away from people, places, and things from your active addiction.
3. Go to 90 meetings in 90 days.
4. Pray for help in the morning and thank God at night.
5. Get a sponsor and follow his or her directions.
6. Help another addict.

Small Wonder Area of NA (SWANA)  
Founded July 19, 1986

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