SUNDAY

10:00am Living the Steps (1)

Rockford Center, 100 Rockford Dr., Newark 19713 C, ST, HF, NC

3:00pm 3 Minutes for Meditation (1.5)

1212 Corp., 2700 N. Washington St., Wilmington 19802 O. DISC. SP. ST. HF

6:00pm Clean But Not Straight (1.5)

Westminster Presbyterian Church, 1502 West 13th St., Wilmington 19806 **O, VAR**

6:30pm Sunday Night Recovery (1)

St. James Episcopal Church, 2 S. Augustine St., Wilmington 19804 O, VAR

7:00pm We Want To Live (1.5)

1212 Corp., 2700 N. Washington St., Wilmington 19802 **O. DISC**

7:00pm Down Home Group (1.25)

Forest Presbyterian Church Annex Bldg., 44 W. Main St., Middletown 19709 O. DISC. HF

7:00pm This is HOW (1)

Mt. Lebanon Church, 850 Mt. Lebanon Rd., Wilmington 19803 C. ST

8:00pm Spiritual Connection (1)

Woodmill Corp Ctr., 5171 W. Woodmill Dr., Ste.#9, Wilmington 19808 **O, DISC, NP**

8:00pm First State Survivors (1.5)

Holy Rosary Church, 3200 Philadelphia Pike, Claymont 19703 **O, VAR, HF**

MONDAY

7:30am Recovery in the AM (1.5)

Grace United Methodist Church, 900 N. Washington St., Wilmington 19801 **O, VAR, HF**

11:30am By NA Means Necessary (1.5)

1212 Corp., 2700 N. Washington St., Wilmington 19802 O, ST, HF

5:30pm Get It Off Your Chest (1.5)

1212 Corp, 2700 N. Washington St., Wilmington 19802 **O. TP**

7:00pm Miracles Happen (1)

Christ Methodist Church, 6 North Clifton Ave., Wilmington 19802 **O, VAR**

7:00pm GIRLS Get Into Recovery, Live Spiritually (1.25)

Greenbank Church of Christ, 511 Greenbank Rd., Wilmington 19808 O. HF. VAR

7:00pm Monday Night Recovery (1)

Westminster House, 292 W. Main St., Newark 19711 O, BT, DISC, JFT, SP, VAR, HF

7:30pm Turn It Over (1.5)

St. Patrick's Church, 1414 N. King St. (Enter at 14th & French), Wilmington 19801 **O, DISC, SP**

7:30pm Simplicity Group (1)

Mount Salem Church, 2629 W.19th St., Wilmington 19806 O, DISC, HF

8:00pm Weekend Survivors (1)

Cornerstone Church, 3135 Summit Bridge Rd., Bear 19701 O, VAR, ST, DISC, HF

9:00pm Addicted to Hope (1)

2145 Graves Road Hockessin, DE 19707 CAN, VAR, HF

TUESDAY

7:30am Recovery in the AM (1.5)

Grace United Methodist Church, 900 N. Washington St., Wilmington 19801 **O. VAR, HF**

11:30am By NA Means Necessary (1.5)

1212 Corp., 2700 N. Washington St., Wilmington 19802 O, ST, HF

5:30pm Last Chance for Recovery (1.5)

Muslim Community Center, 2102 Governor Printz Blvd., Wilmington 19802 O, ST, TD, RR

7:00pm Step by Step (1)

Aquila, 1812 Newport Gap Pike, Wilmington 19808 **O. ST. DISC**

7:00pm Good Orderly Direction (1)

Limestone Presbyterian Church, 3201 Limestone Rd., Wilmington 19808 (left hall & downstairs) **O, SP, TP**

7:00pm Delaware Step Group (1.5)

St. Joseph's Church, 1012 N. French St., Wilmington 19801 C, ST

7:30pm Together We Can (1.5)

Rose Hill Community Ctr., 19 Lambson Lane, New Castle 19720 **O, VAR**

8:00pm The H.O.W. Group (1)

Westminster House, 292 W. Main St., Newark 19711 **O, DISC, HF**

WEDNESDAY

7:30am Recovery in the AM (1.5)

Grace United Methodist Church, 900 N. Washington St., Wilmington 19801 **O, VAR, HF**

11:30am By NA Means Necessary (1.5)

1212 Corp., 2700 N. Washington St., Wilmington 19802 **O. ST, HF**

12:30pm Never Give Up (1)

Westminster House, 292 W. Main St., Newark 19711 **O. VAR. HF**

5:30pm Basic Text Group (1.5)

First & Central Presbyterian Church, 1101 North Market St., Wilmington 19801 **O, BT, SP, HF**

6:30pm The Journey Continues (1.25)

St. Nicholas Church, 10 Old Newark Rd. (in Anchor Rm), Newark 19713 **O, LIT, TD, HF**

7:30pm In The Light (1.5)

St. Joseph's Church, 1012 N. French St., Wilmington 19801 (Enter on Walnut behind church) **O, DISC, SP**

7:30pm Show Me How To Live (1)

Saint Barnabas Episcopal Church, 2800 Duncan Rd., Wilmington 19808 **O, DISC, HF, NC**

7:30pm Time To Live Again (1)

St. James Episcopal Church, 2 S. Augustine St., Wilmington 19804 O, ST, SP

7:30pm This is HOW (1)

Mt. Lebanon Church, 850 Mt. Lebanon Rd., Wilmington 19803 **C, ST**

9:00pm Hump Day Hope (1)

New Castle United Methodist Church, 500 Delaware Street, New Castle 19720 **O, V, HF**

THURSDAY

7:30am Recovery in the AM (1.5)

Grace United Methodist Church, 900 N. Washington St., Wilmington 19801 **O, VAR, HF**

11:30am By NA Means Necessary (1.5)

1212 Corp., 2700 N. Washington St., Wilmington 19802 **O, ST, HF**

5:30pm Steps to Recovery (1.5)

1212 Corp. 2700 N. Washington St., Wilmington 19802 **O. ST**

6:00pm Each One Teach One (1.5)

Connection Community Church 4744 Summit Bridge Rd. Middletown, DE 19709 O, VAR, HF

6:30pm Star Group (1)

Westminster Presbyterian Church,1502 West 13th St., Wilmington 19806 **O, DISC**

7:00pm Meditation & Steps (1.5)

Ebenezer Church, 525 Polly Drummond Hill Rd., Newark 19711 **O, MED, ST, TD, HF**

7:00 In The Solution (1)

Calvary Episcopal Church, 304 Lore Ave. Wilmington, 19809 BT, ST, SP, DISC, RR

7:30pm Almost Heaven (1.5)

Bethel Church, 604 N. Walnut St. Wilmington 19801 O, ST, IP, DISC, TD, HF

7:30pm Keep It Green (1)

Meadow Wood Hospital, 575 S. Dupont Hwy., New Castle 19720 O, BEG, DISC, NC, HF

7:30pm Men Living Clean (1.5)

Church of Atonement, 3519 Philadelphia Pk. Claymont 19703 C, SP, LC, HF

9:30pm Details To Recovery (1.25)

Skyline Methodist Church, 3100 Skyline Dr., Wilmington 19808 **C, IP, IW, RR, HF**

FRIDAY

7:30am Recovery in the AM (1.5)

Grace United Methodist Church, 900 N. Washington St., Wilmington 19801 O, VAR, HF

11:30am By NA Means Necessary (1.5)

1212 Corp., 2700 N. Washington St., Wilmington 19802 O, ST, VAR, HF O, BEG, SP, VAR, HF

6:00pm Recovery on the Westside (1.5)

Daughtry House, 1503 W. 13th St. Wilmington 19806 O, ST, TRAD, LC

7:30pm Attitudes in Action (1.5)

St. Patrick's Church, 1414 N. King St. (enter at 14th & French), Wilmington 19801 **O, DISC, CAN**

7:30pm Hope for Healing (1)

Christiana Hospital, Room 1303 (off cafeteria), 4755 Ogletown-Stanton Rd., Newark 19718 **O, BEG, LIT, HF**

7:30pm Show Me How To Live (1)

Saint Barnabas Episcopal Church, 2800 Duncan Rd. Wilmington 19808 O, IP, JFT, LC, HF, NC

9:00pm Be At Your Best (1.25)

Calvary Presbyterian, 701 S. Maryland Ave. (at Boxwood Rd), Wilmington 19804 O, CAN, SP, HF, NP

SATURDAY

10:00am New Way of Life (2)

Triad, 1108 N. Adams St., Wilmington 19801 **O, VAR, HF**

2:00pm Just For Today (1.5)

1212 Corp., 2700 N. Washington St., Wilmington 19802 O, SP, JFT, HF

5:30pm Get It Off Your Chest (1.5)

1212 Corp., 2700 N. Washington St., Wilmington 19802 **O. SP**

7:30 Clean Dreams (1)

Saint Barnabas Episcopal Church, 2800 Duncan Rd., Wilmington 19808 **O, DISC, HF**

7:30pm Saturday Night Serenity (1.5)

Triad, 1108 N. Adams St., Wilmington, DE 19801 O, SP. ST. HF

10:00pm Saturday Night Live (1.25)

Ebenezer Church, 525 Polly Drummond Hill Rd., Newark 19711 **O, SP, HF**

Mtg Attendance: O Open to anyone C Closed meeting for addicts only or those who think they may a problem with drugs HF Handicap Friendly NC No Children CW Children are Welcome NP No Pets WOMEN Women's meeting

Mtg Format: BEG-Beginner/Newcomer BT-Basic Text CAN-Candlelight DISC-Discussion LC-Living Clean Book LIT- NA Literature IP-Info Pamphlet IW-It Works JFT-Just For Today MED-Meditation RR-Round Robin SP-Speaker ST—Step TP-Topic TD-Tradition VAR-Format Varies

Mtg Length: (1) 1 hr (1.25) 1 hr, 15 mins (1.5) 1½ hrs (2) 2 hours

Meetings That Need Support:

First State Survivors (Sundays at 8:00pm)
Get it Off Your Chest (Mondays & Saturdays at 5:30pm)
Turn It Over (Mondays at 7:30pm)
GIRLS Group (Mondays at 7:00pm)
The H.O.W. Group (Tuesdays at 8:00pm)
Never Give Up (Wednesdays at 12:30pm)
This is H.O.W. (Wednesdays at 7:30pm)
Christmas Group (Wednesdays at 7:30pm)
Hump Day Hope (Wednesdays at 9:00pm)
Meditation & Steps (Thursdays at 7:00pm)
Almost Heaven (Thursdays at 7:30pm)
Saturday Night Live (Saturdays at 10:00pm)
Just For Today (Saturdays at 2:00pm)

SERVICE COMMITTEES

Want to get in service? Just attend any meeting below!

Area Service Committee*: 3rd Sun 4:30pm-6:30pm,
St. Barnabus

Area Service Subcommittees*:

Convention: 2nd Sat at 10:00am, Daughtry House Hospitals & Institutions: 1st Tues at 6:30pm, St. Barnarbus

Joint Administrative Committee (JAC): 3rd Sun at 3pm, St. Barnabus

Meeting List/Website: Contact meeting list website chair at smallwonderarea@gmail.com

Outreach: 1st Monday of month at 7:30pm, First Alliance Church

Phone Line: 2nd Sun at 1:00pm, 1212 Corp.

Policy: Contact the Policy Chair

Public Relations: 4th Sunday at 4pm, St. Barnabas Episcopal (in the big room)

Unity & Activities: 3rd Monday at 7:30pm, First Alliance Church

*Address Directory for Committee Meetings:

1212 Corp., 2700 N. Washington St., Wilmington 19802
Daughtry House 1503 W. 13th Street Wilmington 19806
Saint Barnabas, 2800 Duncan Rd., Wilmington 19808
First Alliance Church, 2145 Graves Rd. Hockhessin 19707

A listing in this directory is not an endorsement of any of the facilities in which NA holds its meetings.

WELCOME! Please pick up the phone before picking up that first drug!
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Meeting Directory January 2020

6 BASIC WAYS TO STAY CLEAN

- 1. Don't pick up that first drug.
- 2. Stay away from people, places and things from your active addiction.
- 3. Go to 90 meetings in 90 days.
- 4. Pray for help in the morning and thank God at night.
- 5. Get a sponsor and follow his or her directions
- 6. Help another addict.

Small Wonder Area of NA (SWANA)

Founded July 19, 1986

www.smallwonderarea.org

smallwonderarea@gmail.com

Free State Region of NA (FSRNA) www.fsrna.org

HOTLINE: 1-800-317-3222

NA World Services (NAWS) www.na.org 1-818-773-9999